

We need a Strength and Conditioning Coach/Assistant Athletic Therapist

The Hamilton Tiger-Cats are a member of the Canadian Football League (CFL) with a rich 142year history, which includes 15 Grey Cup Championships. Currently, the team is seeking an enthusiastic, self-motivated, organized individual to fill the role of Strength and Conditioning Coach and Assistant Athletic Therapist.

JOB DESCRIPTION

Starting date: March 1st, 2013 Reports to: Head Coach/Head Athletic Therapist Job Status: Full-time Position

The Strength and Conditioning Coach/Assistant Athletic Therapist will be responsible for evaluating players and implementing exercise prescription to reinforce proper mechanics to maximize performance and aid in injury prevention. Additionally, contributing to the medical staff on a daily basis, helping players achieve optimal strength pre or post-injury; whether in the training room, gym or during on-field sessions.

RESPONSIBILITIES

- Responsible for the general care of the Tiger-Cat players, including injury prevention, recognition, treatment, and rehabilitation
- Responsible to customize and implement Strength and Conditioning programs throughout the season, and design an off-season conditioning program to send home with the players
- Assist with the guidance and supervision of assistant athletic therapists and students
- Assist with the administration of athlete medical records and physicals.

QUALIFICATIONS/OTHER

The Tiger-Cats are seeking a dynamic individual with experience working with elite level athletes, who has demonstrated a capacity to implement strength and rehabilitative programs to aid in the ongoing development of the team. This person should possess a Bachelor degree in Athletic Therapy, or equivalent, and a comprehensive understanding of athletic performance; holding designations with the Canadian Athletic Therapists Association as well as CSCS with the National Strength and Conditioning Association.

Application deadline: February 8th, 2013

Please email your resume to: Shawn Burke E-mail: <u>sburke@ticats.ca</u> Fax: (905) 549-6610

