

Frances Flint, PhD, CAT(C), ATC York University



In 1991, Frances's research was recognized with the Association for Applied Sport Psychology (AASP) Dissertation Award and NASPE Sport Psychology Academy Outstanding Dissertation Award. She was inducted as a Fellow of AASP in 2009. She is a Certified Athletic Therapist (CATA) and a Certified Athletic Trainer (NATABOC). Frances also teaches with the Canadian Red Cross First Responder and Automated External Defibrillation programs and has designed courses specifically for sports medicine professionals. As well as teaching these courses in Canada, she has conducted several courses for sports medicine groups in the United Kingdom. Her focus is on improving the standards of care for injured athletes during sport events.

Frances designed and coordinates the undergraduate and graduate programs in Athletic Therapy within the School of Kinesiology and Health Science. She is a member of the Canadian Athletic Therapists' Association Exam Review Committee and has served the CATA as a President, President-Elect and Board member. She also has worked on the Ethics Committee of the CATA and has served as the CATA Liaison to the NATA and as a member of the International Relations Committee during the formation of the World Federation of Athletic Training and Therapy.

Frances conducts research in the area of psychology of injury and has presented at seminars and conferences around the world. She combines her background in sports medicine and sport psychology in developing integrated rehabilitation programs for injured athletes.