

Sarah Rabinovitch, CAT(C)



- Graduated with honours from University of Toronto Bachelor of Physical Education and Health
- Graduated with high honours from Sheridan College Bachelor of Applied Health Sciences (Athletic Therapy)
- Graduated with Diploma of Massage Therapy from Ontario College of Health and Technology.
- Head Athletic Therapist for Toronto Saracens Womens Rugby Club for six years
- Athletic Therapist for Toronto Aeros Jr. AA Women's Hockey Team

While completing her first degree in Physical Education and Health at the University of Toronto, Sarah gained valuable academic knowledge in biomechanics, human anatomy and physiology, and the behaviour of movement. She spent two years working with the U of T Varsity Mens Soccer team and Varsity Womens Rugby team; accompanying rugby to the CIS finals in Halifax.

Sarah then went on to study Athletic Therapy at Sheridan College. While in school she completed several clinical placements including two years at Upper Canada College working with several of the school teams and all patients in the clinic. Since graduation Sarah has continued taking courses including a diploma in Massage Therapy to further develop her manual techniques and patient rehabilitation tools. She believes strongly in professional development in order to continuously offer the best possible treatment to her patients.

Last year Sarah was invited to be the Massage Therapist with the National Men's Rugby team at a training camp, as they prepared for their World Cup tour. She also volunteers her services at several local charity runs and business fundraisers including; Smucker's United Way fundraiser and Angus Glen runs. This year, Sarah is excited to be helping out at the "Hockey helps the Homeless" fundraiser in November.